



FAST2FEED (F2F) – STUDENT PERMISSION & REGISTRATION FORM

****Turning this form in by March 5 guarantees your student a Fast2Feed t-shirt the night of the event!**

Dear Families,

Your son or daughter has expressed interest in participating in **Fast2Feed**, a discipleship and service experience for DS3 middle school students. **Fast2Feed** combines prayer, fasting, fundraising, and serving to help students grow in their faith while making a real difference for families in need.

During **Fast2Feed**, students will take part in a 24-hour fast from 6:00 PM on Thursday, March 12, to 6:00 PM on Friday, March 13.

What Participation Includes

By participating & raising money with **Fast2Feed**, your student will:

1. **Raise support** through sponsors (family, coaches, teachers, etc..) to help provide nutritious meals for Project 216 with the organization “**Every Child. Every Day.**” This organization delivers food and supplies throughout 92 nations, including to the Ukrainian refugees, Turkey, and Syria. These supplies are focused on giving kids and their families disaster relief (earthquake, hurricane, etc..).
 - Funds raised will support meal packing for families in need through **Project 216.**
 - Funds raised **over** the amount will help offset DS3 Fall Camp costs for families
 2. Fast from solid food for **24 hours**, missing two main meals (breakfast and lunch).
 3. Drink only **water** and **juice** during the fast.
 4. Raise a minimum of \$95 to participate in the **Fast2Feed** experience and celebration.
 5. Right after school, head to the **Auxiliary Gym** to serve at **Project 216** on **Friday, March 13**, at Blackhawk Ministries, where we will be setting up and packing meals that will be sent to families experiencing hunger.
 6. Attend the **Fast2Feed** Celebration, held immediately following the Project 216 service.
 - All students who participate in Fast2Feed are invited to this celebration event - if you raised \$95 for Project 216 - CELEBRATION ADMISSION = FREE.
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EXTRA: DS3 Fast2Feed Last Supper & Worship

*The meal will include pasta (red sauce option & white sauce option & breadsticks)

- TIME: Thursday, March 13
- 5:00 - 6:00 PM
- Blackhawk Ministries Church Foyer

Parent Acknowledgment

By signing below, you acknowledge that you have reviewed the details of **Fast2Feed** and give permission for your student to participate in the **fasting, fundraising, and service components** of this event.

Thank You

Thank you for supporting your student as they grow in faith, compassion, and service. We are excited to see how God will work through **Fast2Feed** this year.

If you have any questions, please feel free to contact me.

Cheryl Pulver

Middle School Youth Director

Blackhawk Ministries

✉ cpulver@blackhawkministries.org



Student's First & Last Name: _____

Grade (circle): 5 6 7 8 Gender (circle): M or F

Address: _____

(City) (St) (Zip) _____

#1 Parent's Phone Number: _____

#2 Parent's Phone Number: _____

Parent's Email Address: _____

#1 Student's Adult T-Shirt Size (circle): XS S M L XL XXL

Parent Signature: _____